



INDIAN SCHOOL SOHAR
PERIODIC TEST II (2024-25)
ENGLISH LANGUAGE AND LITERATURE (184)

No. of Printed Pages: 8

CLASS: X
DATE: 19/09/2024

MAX. MARKS: 80
TIME: 3 HOURS

General Instructions:

1. The Question Paper contains THREE sections -READING, GRAMMAR & WRITING and LITERATURE.
2. Attempt questions based on specific instructions for each part.

SECTION A: READING SKILLS (20 marks)

1. Read the following text.

10

- (1) The words probiotics, prebiotics, and postbiotics may sound like variations of the same thing, but what a difference a prefix makes. The first is a category of health-promoting microbes. The latter two groups are types of beneficial molecules. However, all three biotics are critical for supporting the community of microscopic organisms that live in the gastrointestinal tract, known as the gut microbiome. With both beneficial and harmful bacteria living in the human body, these diet-related factors—the biotics—help tip the balance in the positive direction. It is important to understand their differences, as you'll see, because each of these factors serves a distinct purpose, even as they work together.
- (2) Despite their importance for the gut microbiome, the health benefits of these 'biotics', which are present in certain foods or result from their metabolism, extend beyond the digestive tract. A growing body of scientific evidence has linked prebiotics, probiotics, and postbiotics, with improvements in metabolic diseases—including obesity and cholesterol abnormalities—depressive symptoms and poor sleep quality, among many other conditions.
- (3) Besides promoting general gut health, consuming food rich in probiotics can improve irritable bowel syndrome and antibiotic-related diarrhea; prevent traveller's diarrhea, produce vitamins and increase nutrient absorption, and decrease the risk of common infections. In fact, when consumed regularly, probiotics have been found to reduce the occurrence of upper respiratory tract infections (like the common cold).
- (4) Many different types of beneficial bacteria are considered probiotics. The most common ones include Lactobacillus and Bifid bacterium, of which there are dozens of strains. "You have to match what it is you're concerned about with the probiotic you should use," says Gregor Reid.
- (5) Some foods, such as yogurt, kefir, kimchee, and fermented soybeans, and kombucha naturally contain probiotics. But here's where things get complicated: not all fermented foods or yogurts contain probiotics, Reid says. As a consumer, a good starting point is to look for the phrase "contains live and active cultures" on the label; it's even better if specific strains of bacteria are listed because then you'll know you're getting the right stuff.
- (6) Simply put, prebiotics are sources of food for those beneficial microbes—the probiotics. They are typically a form of carbohydrate or fiber that we don't have the enzymes to digest. As a result, they move through the digestive tract to the intestine, where beneficial bacteria (probiotics) can feast on them.
- (7) When you consume foods that are rich in probiotics and prebiotics, the microbes in your gut consume the indigestible prebiotic fiber and produce bioactive compounds called postbiotics. They are ultimately the endgame that we want—they affect how our gut operates and keeps the good bacteria there and the bad bacteria out.

Answer the following questions, based on the passage above.

- i. Complete the sentence appropriately. 1
Incorporating a variety of fermented foods into the diet is advantageous as they supply _____, which fosters the growth of beneficial bacteria, ultimately enhancing gut function and overall health.

- ii. Which of the following statements best describes the author's attitude towards probiotics? 1
- Probiotics, prebiotics, and postbiotics are variations of the same thing, with just a difference of a prefix.
 - All fermented foods or yogurts naturally contain probiotics.
 - All three biotics are equally important to support microscopic organisms that live in the gut microbiome.
 - Only probiotics are important as they can improve irritable bowel syndrome and antibiotic-related diarrhea.
- iii. According to the writer, health benefits of all the 'biotics' extend beyond the digestive tract. Rationalise your response in about 40 words. 2
- iv. The passage includes some words that are opposites of each other. From the sets (A) - (E) below, identify two sets of antonyms. 1
- increase and decrease
 - probiotic and postbiotic
 - beneficial and harmful
 - feast and fermented
 - consuming and digestive
- v. Complete the sentence appropriately. 1
- The author wants to stress the fact that there is not just one type of beneficial bacteria considered as probiotic, in fact, some probiotics have _____.
- vi. Based on the reading of the passage, examine in about 40 words, the importance of prebiotics for the human gut and how they are related to probiotics. 2
- vii. As a consumer, if you want to pick a probiotic product, what is the most important thing to keep in mind? Pick the best answer. 1
- Any fermented product that contains probiotics.
 - Checking the label for specific strains of bacteria.
 - All products under the "probiotics" section in a grocery store are safe to pick.
 - Checking the label which clearly says "probiotics" is sufficient.
- viii. "Despite their importance for the gut microbiome, the health benefits of these 'biotics', which are present in certain foods or result from their metabolism, extend beyond the digestive tract." As per this statement from the passage, how relevant are the biotics for humans? Pick the best answer. 1
- Their relevance has been proven by scientific evidence.
 - Not very relevant as more study is needed.
 - Their relevance cannot be generalized to everyone.
 - Only probiotics are relevant for humans.

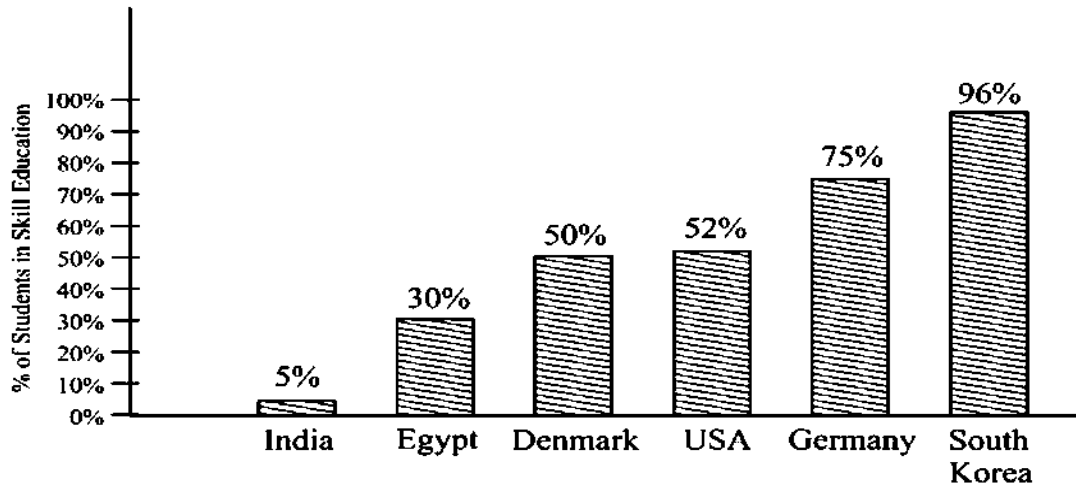
2. Read the following text.

10

- (1) The National Education Policy 2020 proposes the revision and revamping of all aspects of education, including the educational structure, regulations, and governance, to create a new system which is aligned with the aspirational goals of 21st century students. According to the policy, by 2025, at least 50% of learners through the school and higher education system shall have exposure to skill education, for which a clear action plan with targets and timelines is to be developed.
- (2) The policy aims to overcome the social status hierarchy associated with skill education and integration of skill education into mainstream education in all educational institutions in a phased manner. Beginning with skill exposure at early ages in middle and secondary school, quality skill education will be integrated smoothly into school and higher education.
- (3) "Every child will learn at least one skill and is exposed to several more. This would lead to emphasizing the dignity of labour and importance of various vocations involving Indian arts and artisanship."

- (4) The development of skill capacities will go hand-in-hand with the development of 'academic' or other capacities. To achieve this objective, secondary schools will have to collaborate with Industrial Training Institutes (ITIS), Polytechnics, Local Industries, etc. Skill labs will also be set up and created in the schools in a Hub and Spoke model, which will allow other schools to use the facility. Higher education institutions will offer skill education either on their own or in partnership with industry and other institutions.

The Global Scenario of Students in Skill Education Sector.



Answer the following questions, based on the passage above.

- i. Complete the following analogy correctly with a word/phrase from paragraph (3):
Discrimination: Condemn: _____: Respect 1
- ii. According to the passage, which of the following is a suggested method for secondary schools to develop skill capacities? 1
 - A. Setting up-skill labs in a Hub and Spoke model
 - B. Reducing collaboration with local industries
 - C. Eliminating partnerships with higher education institutions
 - D. Focusing solely on academic education
- iii. Based on the reading of the extract, list two objectives of NEP 2020 in 30-40 words. 2
- iv. Justify the need for collaboration between secondary schools and Industrial Training Institutes (ITIs), Polytechnics, and local industries as outlined in the National Education Policy 2020. 1
- v. Select the option that corresponds to the meaning of the statement given below :
"According to the policy, by 2025, at least 50% of learners through the school and higher education system shall have exposure to skill education." 1
 - A. Maximum 50% of learners shall have exposure to technical education.
 - B. Minimum 50% of learners shall have exposure to technical education.
 - C. Minimum 50% of learners shall have exposure to skill education.
 - D. Maximum 50% of learners shall have exposure to skill education.
- vi. As per the Global Scenario, which country has the maximum percentage of students in Skill Education? 1
- vii. Fill in the blank choosing the most appropriate option from the ones given below: 1
As per NEP 2020, skill exposure will begin at -----.
 - A. Middle and secondary school
 - B. Primary school
 - C. Higher school
 - D. Senior secondary school
- viii. Based on the policy described, why is it important to integrate skill education into mainstream education? 2

SECTION B: GRAMMAR & WRITING SKILLS (20 marks)**GRAMMAR****10****3. Complete ANY TEN of the following twelve tasks, as directed.**

- i. Fill in the blank by using the correct form of the word in the bracket for the given line from a daily newspaper: 1

The committee decided _____ (investigate) the matter further after receiving new evidence.

- ii. Identify the error in the given sentence and supply the correction: 1

The team of researchers have published their findings in a prestigious journal.

Use the given format for your response:

Error	Correction

- iii. Riya mentioned her experience at the art exhibition to her colleague. Report her colleague's question. 1

How many artists were featured in the exhibition?

- iv. Select the correct option to complete the narration of the dialogue between Rahul and Sita. 1

Rahul: Did you attend the conference last week?

Sita: No, I didn't. I had a prior commitment.

Rahul asked Sita if she had attended the conference last week. Sita replied _____ because she had a prior commitment.

A. that she has not

B. that she had not

C. if she had not

D. that she did not

- v. Fill in the blank by choosing the correct option given in the bracket, to complete the following: 1

The chef _____ (cooked/had cooked/has cooked) the meal before the guests arrived.

- vi. Identify the error and supply the correction for the following traffic advisory: 1

Each of the drivers are responsible for ensuring their vehicle is in good condition.

Use the given format for your response.

Error	Correction

- vii. Select the option that identifies the error and supplies the correction for the following line from a sports journal: 1

Neither the coach nor the players was aware of the new regulations.

Option No.	Error	Correction
A	Neither	Either
B	was	were
C	aware	awareness
D	regulations	regulation

- viii. Complete the line from a Save the Planet song, by filling in the blank with the correct option. 1

Let's see what we can do

To save the planet for me and you

E is for the environment, keep it clean

If we _____ together, we'll make the best team.

A. will be standing

B. stand

C. has stood

D. are standing

- ix. Read the conversation between a teacher and a student. Complete the sentence by reporting the reply correctly: 1

Teacher: Are you prepared for the upcoming exam?

Student: Yes, I have been studying hard.

The teacher asked if the student was prepared for the upcoming exam, to which the student affirmed _____.

- x. Fill in the blank by choosing the correct option, to complete the sentence. 1
 She didn't have _____ time to finish her project before the deadline.
 A. much B. few C. little D. any
- xi. Complete the slogan, by filling in the blank with the correct option. 1
 When it gets really hot, rain _____ a blessing.
 A. should be B. will be C. must be D. ought to be
- xii. Identify the error and supply the correction for the following note in a smart watch's instruction manual. 1

When the watch is connected to the mobile phone, the watch may automatically calibrate and synchronize with the time of the mobile phone.

Use the given format for your response.

Error	Correction

WRITING

10

Note: All details presented in the questions are imaginary and created for assessment purpose.

4. A. You have noticed a significant increase in air pollution in your city, leading to health issues among residents. Write a letter to the Environmental Officer of your city highlighting the problem and suggesting initiatives to reduce pollution levels, such as promoting public transport, planting more trees, or implementing stricter regulations on industrial emissions. You are Alka/Ashish. (100-120 words) 5

OR

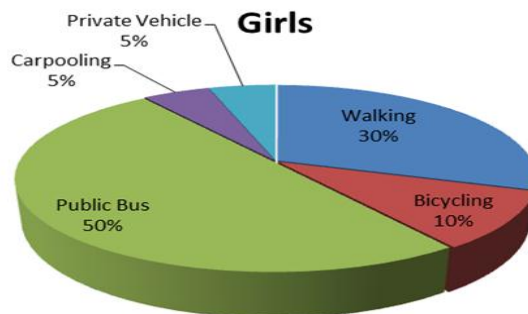
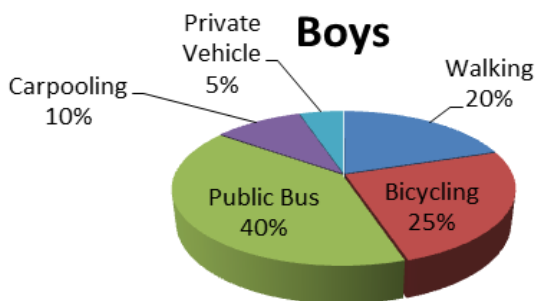
4. B. As Sohail /Sonia, the sports captain of Pinnacle Public School, you believe that fitness as a lifestyle should be promoted. Write a letter to the Editor of a national daily, in about 120 words, suggesting the introduction of "Cycle to School" campaign for school-going students. The programme aims to develop the habit of exercising through cycling to maintain fitness and keep children active. Share the importance and credibility of such a programme and suggest a feasible way to execute it along with possible activities.

5. A. Study the table given below which shows the data on the hobbies of students during summer vacations. Write an analytical paragraph in about 120 words analyzing what hobbies do boys and girls choose in their summer vacations. 5

Hobbies	Boys	Girls
Singing	7%	25%
Photography	35%	5%
Playing	30%	16%
Dancing	13%	40%
Yoga	19%	15%

OR

5. B. Study the pie charts given below, which show the data on the preferred modes of transportation among students for school commutes. Write an analytical paragraph in about 120 words analyzing the transportation choices of boys and girls.



SECTION C: LITERATURE TEXTBOOK AND SUPPLEMENTARY READING TEXT (40 marks)

6. Read the given extracts and answer the questions for ANY ONE of the two, given. 5

A. Anyone could ramble on and leave big spaces between the words, but the trick was to come up with convincing arguments to prove the necessity of talking. I thought and thought, and suddenly I had an idea. I wrote the three pages Mr. Keesing had assigned me and was satisfied. I argued that talking is a student's trait and that I would do my best to keep it under control, but that I would never be able to cure myself of the habit since my mother talked as much as I did if not more, and that there's not much you can do about inherited traits. (From the Diary of Anne Frank)

i. State any one inference about Anne from the given context: 1

"Anyone could ramble on and leave big spaces between the words, but the trick was to come up with convincing arguments to prove the necessity of talking."

ii. Which one of the following best describes the tone of the given extract? 1

A. derogatory B. persuasive C. nostalgic D. cautionary

iii. In about 40 words, elaborate on the justification Anne gives for her talkative nature. 2

iv. Which phrase/word would correctly substitute 'ramble on' in the given sentence from the extract? 1

Anyone could ramble on and leave big spaces between the words

OR

B. We have, at last, achieved our political emancipation. We pledge ourselves to liberate all our people from the continuing bondage of poverty, deprivation, suffering, gender, and other discrimination. Never, never, and never again shall it be that this beautiful land will again experience the oppression of one by another. The sun shall never set on so glorious a human achievement. Let freedom reign. God bless Africa! (Nelson Mandela Long Walk to Freedom)

i. State any one inference about Nelson Mandela from the given context: 1

"We have, at last, achieved our political emancipation."

ii. State whether True or False:

When Mandela says, "God bless Africa," he intends to mean the well-being and welfare of only black people in South Africa. 1

iii. "Nelson Mandela's speech is full of optimism." Elaborate in about 40 words with reference to the extract. 2

iv. Which phrase/word would correctly substitute 'so glorious' in the given sentence from the extract: 1

"The sun shall never set on so glorious a human achievement."

A. magnificent B. disgraceful C. reprehensible D. insignificant

7. Read the given extracts and answer the questions for ANY ONE of the two, given. 5

A. But he's locked in a concrete cell,
His strength behind bars,
Stalking the length of his cage,
Ignoring visitors. (A Tiger in the Zoo)

i. State whether TRUE or FALSE: 1

None of the terms (A) - (D) given below, can be applied to the line- 'But he's locked in a concrete cell.'

A. Repetition- a poetic device that is used to create a musical effect by repeating single words, phrases, or even stanzas at intervals to make the poem more appealing.

B. Alliteration- the occurrence of words that begin with the same sound placed close together to create a rhythmic effect.

C. Transferred epithet - a poetic device where an adjective or descriptive phrase is applied to a noun that it does not logically modify, but instead, it is transferred from another noun that it is associated with.

D. Simile- a word or phrase that compares something to something else, using the words 'like' or 'as'.

- ii. Why is the tiger stalking the length of his cage? 1
- iii. What does the phrase 'his strength behind bars' suggest? 1
- iv. What is the significance of the use of the word 'locked' to describe the concrete cell where the tiger is kept and how does it contrast with the tiger's presence in its natural habitat? Answer in about 40 words. 2

OR

- B.
- No use to say 'O there are other balls':
 An ultimate shaking grief fixes the boy
 As he stands rigid, trembling, staring down
 All his young days into the harbour where
 His ball went. I would not intrude on him;
 A dime, another ball, is worthless. Now
 He senses first responsibility
 In a world of possessions. People will take
 Balls, balls will be lost always, little boy.
 And no one buys a ball back. Money is external.
 He is learning.....

(The Ball Poem)

- i. What is the significance of the line "People will take / Balls, balls will be lost always"? 1
 - ii. Which of the following best describes the speaker's attitude towards the boy's reaction to losing his ball? 1
 - A. Indifferent as the ball is inexpensive.
 - B. Sympathetic, understanding the depth of the boy's loss.
 - C. Mocking, finding the boy's reaction exaggerated and unnecessary.
 - D. Panicked, sharing the boy's distress over the lost ball.
 - iii. Identify the figure of speech used in the phrase "All his young days into the harbour where His ball went" from the extract. 1
 - iv. Briefly state in about 40 words the boy's journey from 'shaking grief' to 'he is learning' in the above extract. 2
- 8. Answer ANY FOUR of the following five questions, in about 40-50 words. 4x3=12**
- A. Why does Amanda wish to be a mermaid? (Amanda!)
 - B. Briefly bring out the contrast between the young seagull's initial attempts to fly and his first successful flight. (His First Flight)
 - C. In the poem 'Dust of Snow,' how does nature influence the poet's mood and perspective? Discuss how the poem illustrates the power of small, natural events to bring about a significant change in our outlook on life.
 - D. "Humour is the perfect medicine for all diseases". Discuss this statement by taking examples from the poem 'How to Tell Wild Animals'.
 - E. Analyze the role of faith in Lencho's life. How does his unwavering belief in God influence his actions and expectations? (A Letter to God)
- 9. Answer ANY TWO of the following three questions, in about 40-50 words. 2x3=6**
- A. What does Mr. Herriot mean by "happy period" for himself and his partners? Explain. (A Triumph of Surgery)
 - B. Despite his unusual appearance, Ausable's presence of mind helped him get rid of Max. Comment with reference to the story 'The Midnight Visitor.'
 - C. How does the theme of deception play a crucial role in 'A Question of Trust'?

10. Answer ANY ONE of the following two questions, in about 100-120 words.

1x6=6

- A. In 'A Letter to God,' Lencho shows unwavering faith in receiving help, while in 'The Ball Poem,' the boy learns a hard lesson about loss and acceptance. Analyze how Lencho's faith in 'A Letter to God' contrasts with the boy's realization in 'The Ball Poem.' What do these responses reveal about the characters' ways of dealing with loss and challenges? How do these two perspectives help us understand different human responses to difficult situations? Support your answer with examples from both the story and the poem.

OR

- B. Both Anne Frank and Amanda face challenges related to growing up and self-expression. Anne expresses her thoughts and feelings through her diary, while Amanda's internal struggles are depicted through her daydreams. Compare and contrast how Anne Frank and Amanda deal with the restrictions imposed on them by their environments. How do their responses reflect their desire for freedom and self-expression?

(Reference -From the Diary of Anne Frank & Amanda!)

11. Answer ANY ONE of the following two questions, in about 100-120 words.

1x6=6

- A. In 'The Thief's Story' by Ruskin Bond, Hari Singh initially views theft as a means of survival and has little regard for honesty or loyalty. However, his perspective changes after he meets Anil. What does this suggest about the power of positive relationships in transforming an individual's character and choices? Use specific incidents from the story to support your answer.

OR

- B. Imagine that Griffin's conscience pricks him and he decides to write a diary entry, about misusing science and endangering society, in the context of his own experience.

Write this diary entry, as Griffin, in about 100-120 words.

(Footprints without Feet)

*******THE END*******